

# TOPIC MAP - KEY STAGE 2

## Learning with Precious

Use our short film about Precious, an 11-year-old growing up in Johannesburg, South Africa, as the starting point for inspirational learning. By exploring Precious' story through different curriculum areas, your pupils will gain a unique insight into other children's lives, the power of sport and the difference they can make by raising money this Sport Relief.

You can view the film about Precious at [sportrelief.com/primaryresources](https://sportrelief.com/primaryresources)

## PHYSICAL EDUCATION

### Skateboard skills

Watch the Sport Relief film and ask pupils what physical skills they think Precious has had to develop in order to skateboard so well. Help them identify and describe flexibility, strength, technique, control and balance.

**Plan a circuit of activities to help them develop these skills, for example:**

- **Flexibility** – arm circles, toe touches, high knees, head rolls, limbo, body stretches
- **Strength** – hip bridges, plank, bench step-ups, burpees, calf raises, side leg raises
- **Balance and control** – stand on one foot, play hopscotch, walk backwards or sideways, walk heel to toe in a straight line, stand from a sitting position

For skateboarding technique, talk to pupils about how when skating the front foot provides balance while the back foot steers and powers the board. In pairs, ask one pupil to stand relaxed with their feet together and the other to push them gently from behind. Which foot do they step onto to catch their fall? This will probably be the most comfortable front foot for skating.

Why not ask pupils with skateboards to bring them into school and demonstrate their skills?

### Curriculum links

- Develop flexibility, strength, technique, control and balance
- Continue to apply and develop a broader range of skills, learning how to use them in different ways

## MATHS & GEOGRAPHY

### Life in South Africa

As a class, research facts and figures about South Africa. To get the pupils started:

- South Africa's population is nearly 56 million
- More than 13 million children are living in poverty in South Africa
- The country's area is approximately 1,219,090 sq km (about five times bigger than the UK)
- There are 11 official languages (the highest number of any country in the world)
- One in three households do not go to open spaces or walk alone in parks

Encourage pupils to present the statistics they discover as bar charts, pictograms, pie charts, graphs and tables, and use these to create a giant infographic poster for the classroom. Why not share the poster with other classes before they watch the film about Precious?

### Curriculum links

- Interpret and present data using bar charts, pictograms and tables
- Interpret and construct pie charts and line graphs
- Describe and understand key aspects of physical and human geography

## PSHE

### Physical activity and wellbeing

Watch the film about Precious with pupils. Help them to come up with a list of words to describe how they think she might have felt before she started skateboarding (e.g. scared, bored, lonely, worried, nervous, unhappy, shy). Then ask them to think of words to describe how Skateistan makes her feel (e.g. confident, happy, excited, talkative, brave, free, strong).

Talk with pupils about the change in Precious. Does physical activity and sport have a similarly positive effect on them? How does it make them feel? Do any activities have a negative effect on how they feel?

Ask them to create a timetable of their week, showing when they take part in different physical activities (including PE lessons, clubs at school, activities out of school and with their family). Explain what having a 'balanced lifestyle' means. Do they think they have a balanced lifestyle? Could they make any changes to improve the amount of physical activity they do?

### PSHE Association programme of study

- What positively and negatively affects their physical, mental and emotional health
- How to make informed choices and begin to understand the concept of a 'balanced lifestyle'

## ART AND DESIGN

### Precious pictures

Ask the class to create drawings, paintings or sculptures inspired by Precious and her life in South Africa, for example:

- Portraits of Precious
- Cityscapes of Johannesburg
- Models of a skate park or skateboard

Why not organise an auction of the artwork to boost your fundraising for Sport Relief?

### Curriculum links

- Improve their mastery of art and design techniques, including drawing, painting and sculpture with a range of materials

